

# HLHS: HEALTH CARE SERVICES

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## **HLHS 1023 Introduction to Community & Public Health (4 Credits)**

This course provides a population perspective on the determinants of health and disease and the tools available to protect and promote the health of the community. Options for intervention are explored including use of the public health system, the health care system, and society wide systems such as laws and taxation. Students will learn to apply frameworks for thinking about the issues of population health and gain an understanding about public health practice. This course meets the Community and Human Service area of study guidelines for Knowledge of Service Delivery.

**Attributes:** Liberal

## **HLHS 1998 Individualized Studies in Healthcare Services (HLHS) (1-8 Credits)**

Students have the opportunity to develop individualized studies with their mentor in Healthcare Services (HLHS). Registration for this class must be approved by the student's mentor.

## **HLHS 2006 Women's Health & Social Transformation (4 Credits)**

The course focuses on women's health, past and present. The psychological, physiological, social, and cultural barriers to women's healthcare services will be explored. Students will explore the role of societal level forces and community level factors that influence women's health. This study meets the Community and Human Services area of study guidelines for Knowledge of Service Delivery.

**Attributes:** Liberal

## **HLHS 2013 Culture, Illness, and Healing (4 Credits)**

Jobs in health care and other sectors frequently call for health professionals with knowledge of and experience with "cultural diversity". Yet, the meanings of culture, race, and what constitutes a cultural group debated and contested across disciplines. How might understandings of culture as it is lived sharpen our insights? What does culture have to do with health, race, ethnicity, gender, socioeconomic position, and standings of living? How do people define and experience health, illness, and healing in diverse cultural groups, vulnerable communities, villages, families, and individuals in and beyond clinical settings? Why does it matter? This course meets the Community and Human Services Area of Study guidelines for Diversity.

**Attributes:** Liberal

## **HLHS 2017 Introduction to Global Health (4 Credits)**

In this course, students will learn about the effects and interrelatedness of social elements in an environment on global community health and burden of disease. Topics may include the complex social, economic, political, environmental, and biological factors that structure the origins, consequences, and possible treatments of global health problems. Students will explore health assessment methods and intervention strategies. This course meets the Community and Human Services Area of Study Guidelines for Knowledge of Service Delivery.

**Attributes:** Liberal

## **HLHS 2996 Special Topics in HLHS (1-8 Credits)**

**Attributes:** Liberal

## **HLHS 2998 Individualized Studies in Healthcare Services (HLHS) (1-8 Credits)**

Students have the opportunity to develop individualized studies with their mentor in Healthcare Services (HLHS). Registration for this class must be approved by the student's mentor.

## **HLHS 3010 Creativity & Healing (4 Credits)**

This study examines the relationship between creativity and healing for students interested in working with individuals and groups. Journaling, creative writing, movement, and drama therapy will be considered. This course aligns with the Community and Human Services area of study guidelines for Skills & Application.

**Attributes:** Liberal

## **HLHS 3011 Vulnerable Populations: Health & Social Justice (4 Credits)**

The reasons for health disparities are varied. This course explores the characteristics of vulnerable populations such as ethnicity, socioeconomic status, urban or rural residence, undocumented immigrants, people with disabilities or chronic conditions, to understand how social forces puts members of these groups at risk for adverse health outcomes. This course meets the Community and Human Services area of study guidelines for Knowledge of Service Delivery and Diversity.

**Attributes:** Liberal

## **HLHS 3015 Grief & Loss (3-4 Credits)**

This course explores the processes of loss and grief, various types of loss, including the experiences of those who have lost loved ones. Theories and research on the grieving process will be a focus of the course, and other topics may include: the roles of ritual, faith, and remembrance in grieving; cultural factors that contribute to reactions to loss; determining when grief becomes dysfunctional; and effective strategies for intervening with an individual who has experienced a significant loss. This course is aligned with the Community and Human Services area of study guidelines for Knowledge of Human Behavior and Skills & Application. This course was previously CHS-254044 Grief and Loss. Prerequisites: Introduction to Psychology (PSYC 1005) or Introduction to Human Services (LABR 1165), or equivalent.

**Attributes:** Liberal

## **HLHS 3020 Healing Through Music (4 Credits)**

The study examines music as a spiritual, healing force, and as a therapeutic modality in community and human services for the treatment of individuals, groups, and communities. Note: This course aligns with the Community and Human Services area of study guidelines for Skills & Application.

**Attributes:** Liberal

## **HLHS 3030 Understanding Forgiveness and Healing in the Human Services (4 Credits)**

Forgiveness is a challenge for many people and it underlies many of the relational conflicts that individuals experience. This study will examine the magnitude importance of forgiveness in human relationships and the interventions human service professionals use to support those struggling with the healing process. It is suggested that students have knowledge of helping skills, crisis intervention, and/or case management prior to taking this course. This course aligns with the Community and Human Services area of study guidelines for Skills & Application.

**Attributes:** Liberal

## **HLHS 3127 Patient Engagement in Today's Healthcare System (4 Credits)**

People actively involved in their health and healthcare tend to have better outcomes – and some evidence suggests, lower costs. This course will examine the advantages of patients being actively in their care, the tools and techniques currently available to enable this activity and the role of technology initiative to enable this activity. The perspectives of both providers and patients will be examined. This course is aligned with the Community and Human Services area of study guidelines for Knowledge of Service Delivery and Skills & Application.

**Attributes:** Liberal

**HLHS 3132 U.S. Healthcare: Structure & Financing (4 Credits)**

The complex U.S. healthcare system involves multiple stakeholders including hospitals, physicians, insurers, long-term care organizations, pharmaceutical companies, patients, and a wide array of ancillary providers and regulators. This course provides a detailed discussion of this complex system, its varied components, its diverse forms and systems for reimbursement, and the changes occurring as a result of new technological and delivery system alternatives, as well as innovative reimbursement models on the effects of service delivery. This course is aligned with the Community and Human Services area of study guidelines for Knowledge of Service Delivery and Skills & Application.

**HLHS 3500 Issues in Correctional Healthcare (4 Credits)**

Issues in Correctional Health Care aims to educate students from a variety of disciplines to respond to current health issues within jails and correctional systems. Students will learn about the complexities of health for people in prison and will gain understanding and skills in order to apply inter-disciplinary approaches to prison health. This course is aligned with the Community and Human Services guidelines for Skills & Application.

**Attributes:** Liberal

**HLHS 3996 Special Topics in HLHS (4 Credits)**

The content of this course will vary by term and section. Students may repeat this course for credit as long as the topic differs. Please refer to the Term Guide for course topic offerings.

**Attributes:** Liberal

**HLHS 3997 Special Topics in HLHS (4 Credits)**

The content of this course will vary by term and section. Students may repeat this course for credit as long as the topic differs. Please refer to the Term Guide for course topic offerings.

**HLHS 3998 Individualized Studies in Healthcare Services (HLHS) (1-8 Credits)**

Students have the opportunity to develop individualized studies with their mentor in Healthcare Services (HLHS). Registration for this class must be approved by the student's mentor.

**HLHS 4010 Exploring Happiness (4 Credits)**

This course will research and analyze the idea and experience of happiness by examining different theories of happiness from diverse perspectives. What does it mean to be happy? And how best do we go about finding happiness? The goal of the course is to provide the student the opportunity to develop a detailed and comprehensive understanding of the history upon which this issue stands and the ability to apply that knowledge to the contemporary debate. This course aligns with the Community and Human Services area of study guidelines for Knowledge of Human Behavior and Skills & Application.

**Attributes:** Liberal

**HLHS 4018 Motivational Interviewing (4 Credits)**

Motivational Interviewing is a counseling/therapeutic technique developed to assist people struggling to make behavioral changes. It is a person-centered and empowering intervention, typically organized around Prochaska and DiClemente's Stages of Change Model which will be a focus of this course. Students will learn how these techniques look in practice and how they would be used by licensed professionals in helping diverse populations across diverse settings. This course addresses the human service guidelines knowledge of human behavior and skills.

**Attributes:** Liberal

**HLHS 4127 Women and the Business of Healthcare (4 Credits)**

This course will examine the diverse experiences and roles of women as recipients and providers of health care, using interdisciplinary and multidisciplinary perspectives (anthropology, health economics, health management and policy, public health, sociology), and emphasizing the US context, while considering multicultural and global issues. This course is aligned with the Community and Human Services Area of Study Guidelines for Diversity and Knowledge of Service Delivery.

**HLHS 4998 Individualized Studies in Healthcare Services (HLHS) (1-8 Credits)**

Students have the opportunity to develop individualized studies with their mentor in Healthcare Services (HLHS). Registration for this class must be approved by the student's mentor.